



Super with impact

Bridging the gap

The reality of super and women

The amount of super you retire with is largely determined by the salary you earn and the type of work you do over your working life. The more you earn - the more super you have.

Australian women retire with around 25% less in super than men¹.

Many factors influence this outcome, including:

- the gender pay gap (in Australia, men have higher average salaries than women in 95% of all occupations, including those where women dominate the workforce)2
- time out of the workforce to care for children and other family members, and
- casual or part-time work.



We're advocating for change

At HESTA, around 80% of our one million members are women. Women who trust us to look after their financial future. That's why we use our collective voice to address inequities impacting our members and those we see falling behind.

We have two main asks of policy makers:

01 Improving equity in super

It's why we're asking to increase the threshold to the low-income super tax offset (LISTO) so that more lower-paid workers, like many HESTA members, could see higher super savings.

02 'Carer Credit' for unpaid parental leave

We're advocating for the introduction of a carer credit to compensate parents for superannuation lost due to unpaid parental leave, as even a small boost to a primary carer's super could create huge potential long-term benefits at retirement.

Paid parental leave reform

After more than 13 years of tireless campaigning from HESTA and others, we're thrilled with the Federal Government's recent announcement that super will be paid on the Commonwealth Parental Leave Pay scheme from 1 July 2025. Women take 86%³ of paid primary carers' leave, and this important equity measure will give Australian women's retirement savings a much-needed boost, helping to close the gender super gap.

Find out more

Find out about what we're doing to improve the drivers of financial disadvantage at hesta.com.au/advocacy

¹ Association of Superannuation Funds of Australia, Policies to reduce the gender super gap, July 2023. https://www.superannuation.asn.au/wp-content/uploads/2023/09/230712_ASFA_Research_Note_Super_Gender_Gap.pdf

Little things you can do now

Manage your super

Your online account is the best way to stay in touch with your super. If you haven't already, register your account to see how your super is tracking, check your investments, and update your details.

Go to hesta.com.au/login

Once you've set up your online access, take your super anywhere with the HESTA App.

Download the HESTA App.





Combine your super*

Your super is your money. Just like a savings account, the more that's in it—the more it can earn. That's why it's important to consider keeping all your super together and avoid unnecessary fees and costs.

Find out more at **hesta.com.au/combine**

Consider contributing a little more - if you can

Your employer must pay a minimum amount to your super, but these contributions alone may not be enough to save for the retirement you want. With the effect of compound interest - which is interest earned on interest - even a little extra now can go a long way tomorrow.

Learn how to boost your super at **hesta.com.au/contribute**

Attend an information session

HESTA hosts a series of online and in-person information sessions, covering everything from super basics to retirement and beyond. Attend at no extra cost to learn how to grow your super, find lost super, or explore your retirement options.

Find out more at hesta.com.au/info-sessions



Need support outside of super?

HESTA can connect you to Ask Izzy^, a free directory provided by our partner Infoxchange. This free directory helps Australians find and access local support like financial assistance, meals, mental health counselling, shelter, family violence support and much more.

Learn more at hesta.com.au/askizzy

We're here to help

Scan the QR code to access free tools and services on the HESTA website. You'll find simple online calculators, interactive videos, and guidance on retirement planning.





Speak to an adviser

HESTA members can book a super health check with our experts at no extra cost. Get help to work out how much super you're likely to have when you retire, how to boost your balance, or how to invest your super as your needs change.

Visit hesta.com.au/make-a-time

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^{*} Before combining your super, consider any fees or charges that may apply, and the effect this transfer may have on any benefits you have in your other fund, such as insurance cover.

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